

Child-Adolescent Self-Checklist for ADHD:

	No	Yes
I have trouble finishing my assignments in class.		
I daydream in class.		
Even when I try to listen, my thoughts wander.		
I forget to bring papers and permission slips from home.		
I have trouble following the teacher's directions.		
My mind wanders when I read.		
Projects and papers are hard for me to finish.		
I often do my work at the last minute and turn things in late.		
I forget to bring the right books home from school.		
I get upset more easily than my friends.		
Sometimes it feels like I'm not good at anything.		
I am frequently late.		
It's hard for me to concentrate when there are people around me.		
My parents and teachers tell me I don't try hard enough.		
Other kids tease me about being spacey.		
I feel different from other kids.		
I lose track of time.		
I have a messy book bag.		
My room at home is a disaster.		