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**INFORMATION SHEET for The Use  
Of STIMULANT MEDICATION  
(Ritalin, Focalin, Adderal, or Dexedrine)**

**Indications:**

**STIMULANTS** are approved by FDA for treatment of :

- ADHD (attention deficit hyperactivity disorder) and ADD (attention deficit disorder without hyperactivity) in children and adults
- Narcolepsy

I also am or become aware that **STIMULANTS** are used *OFF LABEL* (without FDA approval but based on literature evidence and clinical experience) by physicians for treatment of :

- Oppositional defiant disorder in children
- Aggressiveness in children with hyperactivity

**Side Effects:**

*COMMON* reactions, which are *usually reversible or transient*, reported by the **STIMULANTS'** users such as:

- Reduced appetite, Weight loss
- Sleep difficulties
- Jitteriness, irritability, nervousness
- Worsening of preexisting tics
- Stomach aches, nausea, headache, dizziness,
- Rapid heart beat, blurred vision, elevated blood pressure (rare)

**STIMULANTS** may cause *serious side effects* such as:

- Dependency, Abuse (Note: treated children have about three times *less* risk of drug abuse disorder later in life than non-treated controls)
- Growth Suppression (non-conclusive data)
- Irregular Heart Beat
- RARE SIDE EFFECTS: depressed blood white count, seizures, toxic psychosis, tics and Tourette's syndrome, toxic skin reaction, liver toxicity, thrombocytopenic purpura.
- Allergic reaction, toxic skin rash.